



IN - PERSON

After-school hands-on Cooking Classes for Kids

- Kids will learn how to make healthy and delicious recipes
- Master cooking safety, measuring, mixing, dicing, chopping, and zesting
- Learn about nutrition and healthy eating habits
- Explore international cuisine
- Further develop their social-emotional learning and executive function skills

WHERE: Brook Forest School

WHEN: Monday

TIME: 3:25pm to 4:25pm

DATES: January 10th - March 21st

NO CLASS: 1/17, 2/21, 3/7

GRADES: K-4

MIN/MAX: 8/12 students

PRICE: \$186 for 8-week session

REGISTER: www.iCookAfterSchool.com

Our COVID protocol: face masks required, reduced class size to 12 students max, individualized recipes and workstations, sanitizing supplies and equipment



Please email or call us with any questions
info@iCookAfterSchool.com | (773) 900-7074
www.iCookAfterSchool.com